



10: THE POWER OF TEAMWORK

Your Action Plan for Collaboration and Competitive Advantage

Action Planner

Reflect and Prepare

Name: _____

What Is Teamwork?

Teamwork means working together toward a shared goal: bringing your best, supporting others, and growing together. It builds trust, impact, and your personal competitive advantage.

Why This Matters to Me

Why is teamwork important for your education, job, future lifestyle, or career success?

My Teamwork Strengths and Stretches

What I bring to a team: _____

What I want to get better at: _____

What gets in the way sometimes: _____

Belief Shift

Circle or write a belief to guide your growth:

"Teamwork multiplies results."

"I don't need to do everything to lead."

"Every voice brings value."

"Strong teams build strong futures."

Other: _____



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Teamwork Practice + Progress

Name: _____

My 28-Day Teamwork Focus

What will you practice to strengthen your teamwork?

Where will this take place? _____

How will you measure or reflect on growth?

☐ Team feedback ☐ Self check-in ☐ Journal ☐ Contribution tracker

Restart Plan

When teamwork gets tense or off track, I will:

- ☐ Ask a clarifying question
- ☐ Name the goal we're all working toward
- ☐ Use my anchor phrase: "Same team, shared win."
- ☐ Other: _____

Weekly Reflection Prompts

1. What went well in teamwork this week?

2. What challenged our collaboration and how did we respond?

3. What role did I play, and what impact did I have?

4. What would make next week's teamwork even stronger?

28-Day Teamwork Tracker

Teamwork focus habit: _____

Week 1 ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 1 go? Circle one word:

- ☒ Supportive ☒ Disconnected ☒ Engaged
- ☒ Helpful ☒ Balanced ☒ Growing

Week 3 ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 3 go? Circle one word:

- ☒ Supportive ☒ Disconnected ☒ Engaged
- ☒ Helpful ☒ Balanced ☒ Growing

Week 2 ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 2 go? Circle one word:

- ☒ Supportive ☒ Disconnected ☒ Engaged
- ☒ Helpful ☒ Balanced ☒ Growing

Week 4 ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 4 go? Circle one word:

- ☒ Supportive ☒ Disconnected ☒ Engaged
- ☒ Helpful ☒ Balanced ☒ Growing