



9: THE POWER OF LEADERSHIP

Your Action Plan for Influence and Competitive Advantage

Action Planner

Reflect and Prepare

Name: _____

What Is Leadership?

Leadership is how you show up, not what your title says. It's about action, responsibility, and influence. Leading yourself and others builds trust, credibility, and your personal competitive advantage.

Why This Matters to Me

Why is leadership important for your goals, your future lifestyle, or the kind of person you want to become?

What Leadership Looks Like in My Life

Where I already lead: _____

Where I want to grow: _____

What holds me back sometimes: _____

Belief Shift

Circle or write a belief that supports your leadership growth:

"Leadership is how I act, not what I'm called."

"Every moment is a chance to lead."

"I don't need permission to lead with purpose."

"People follow consistency and character."

Other: _____



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Leadership Practice + Progress

Name: _____

My 28-Day Leadership Habit

What will you practice to strengthen your leadership presence?

Where and when will you do it? _____

How will you reflect or measure growth?

☐ Daily log ☐ Weekly check-in ☐ Peer/mentor feedback

Restart Plan

When I doubt myself or step back, I will:

☐ Repeat my leadership mantra: " _____ "

☐ Ask for feedback from someone I trust

☐ Look for one small action I can take

☐ Other: _____

Weekly Reflection Prompts

1. Where did I practice leadership this week?

2. What impact did it have on others or myself?

3. What feedback or reactions did I notice?

4. What will I adjust next week to lead more intentionally?

28-Day Leadership Tracker

Leadership habit: _____

Week 1 ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 1 go? Circle one word:

☒ Courageous ☒ Hesitant ☒ Clear

☒ Encouraging ☒ Growing ☒ Quietly Leading

Week 3 ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 3 go? Circle one word:

☒ Courageous ☒ Hesitant ☒ Clear

☒ Encouraging ☒ Growing ☒ Quietly Leading

Week 2 ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 2 go? Circle one word:

☒ Courageous ☒ Hesitant ☒ Clear

☒ Encouraging ☒ Growing ☒ Quietly Leading

Week 4 ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

How did week 4 go? Circle one word:

☒ Courageous ☒ Hesitant ☒ Clear

☒ Encouraging ☒ Growing ☒ Quietly Leading