



My Teamwork Growth Map

Name: _____

Helpful Words:

- **Teamwork** = working together respectfully toward a shared goal
- **Lifestyle Goal** = the kind of life I want to live
- **Personal Competitive Advantage** = the collaboration skills that help me thrive with others

Directions:

Reflect on your teamwork habits and set a growth plan using **writing or drawing**.

Use the back of this sheet if you need more space.

1. One strength I bring to teams is:

2. One challenge I face in teamwork is:

3. Here's something I appreciate in a good teammate:

4. My Teamwork Superpower helps me do these things:

5. Next time I'm on a team, I'll try to:

6. Teamwork helps me grow my personal competitive advantage by:

7. This is how teamwork supports the lifestyle I want to live: