



My Problem-Solving Toolkit

Name: _____

Helpful Words:

- **Problem-Solving** = facing challenges with courage, clarity, and action
- **Lifestyle Goal** = the kind of life I want to live
- **Personal Competitive Advantage** = the ability to find and create solutions when things go wrong

Directions:

Use **writing or drawing** to reflect on how you solve problems and where you want to grow.

Use the back of this sheet if you need more space.

1. A problem I recently solved was:

2. Here's how I handled it:

3. A challenge I'm facing now is:

4. My Problem-Solving Superpower helps me do these things:

5. One thing I'll try next time a problem shows up is:

6. Problem-solving helps me grow my personal competitive advantage by:

7. This is how problem-solving supports the lifestyle I want to live: