



My Critical Thinking Blueprint

Name: _____

Helpful Words:

- **Critical Thinking** = slowing down to ask questions, check facts, and think clearly
- **Lifestyle Goal** = the kind of life I want to live
- **Personal Competitive Advantage** = the thinking habits that help me make strong, thoughtful choices

Directions:

Reflect with **words or drawings** to explore and strengthen your thinking process.

Use the back of this sheet if you need more space.

1. A time I used critical thinking was:

2. Here's how it helped me:

3. A moment I wish I'd thought more clearly was:

4. My Critical Thinking Superpower helps me do these things:

5. One thinking habit I want to strengthen is:

6. Critical thinking helps me grow my personal competitive advantage by:

7. This is how critical thinking supports the lifestyle I want to live: